

Résultats Départementaux Cross Manche, Sourdeval (50), Dimanche 10 janvier 2016

Résultats téléchargés sur <http://www.normandiecouseapied.com>

Résultats Équipes Benjamins (M+F) Minimes filles -			
1	70pt	STADE SAINT-LO	9 (61), 15 (54), 18 (60), 28 (63)
2	117pt	AS TOURLAVILLE	6 (32), 14 (35), 38 (20), 59 (23)
3	140pt	MANCHE ATHLE CENTRE SUD*	17 (96), 23 (105), 45 (106), 55 (104)
4	159pt	ATHLETISME MARAIS CARENTAN	10 (137), 31 (138), 53 (127), 65 (130)
5	182pt	AC AVRANCHES	27 (44), 35 (38), 43 (39), 77 (43)
6	211pt	EA CHERBOURG QUERQUEVILLE *	39 (147), 54 (81), 56 (82), 62 (86)
7	405pt	COURIR EN BAIE PONTORSON	86 (123), 99 (121), 109 (120), 111 (124)
Résultats Équipes Benjamins (M+F) Minimes filles - MI F (COMP) -			
1	37pt	STADE SAINT-LO	2 (61), 7 (60), 10 (63), 18 (65)
2	86pt	AS TOURLAVILLE	1 (32), 4 (35), 35 (31), 46 (34)
3	128pt	EA CHERBOURG QUERQUEVILLE *	17 (147), 27 (82), 32 (86), 52 (148)
4	192pt	MANCHE ATHLE CENTRE SUD*	33 (117), 44 (143), 56 (115), 59 (112)
Résultats Équipes Benjamins (M+F) Minimes filles - -			
1	70pt	STADE SAINT-LO	9 (61), 15 (54), 18 (60), 28 (63)
2	124pt	AS TOURLAVILLE	6 (32), 14 (35), 38 (20), 66 (31)
3	140pt	MANCHE ATHLE CENTRE SUD*	17 (96), 23 (105), 45 (106), 55 (104)
4	159pt	ATHLETISME MARAIS CARENTAN	10 (137), 31 (138), 53 (127), 65 (130)
5	182pt	AC AVRANCHES	27 (44), 35 (38), 43 (39), 77 (43)
6	208pt	EA CHERBOURG QUERQUEVILLE *	39 (147), 54 (81), 56 (82), 59 (23)
7	405pt	COURIR EN BAIE PONTORSON	86 (123), 99 (121), 109 (120), 111 (124)
Résultats Équipes Benjamins (M+F) Minimes filles - BE F (COMP) -			
1	61pt	MANCHE ATHLE CENTRE SUD*	6 (96), 8 (105), 21 (106), 26 (104)
2	123pt	AS TOURLAVILLE	16 (20), 29 (23), 38 (29), 40 (21)
3	131pt	AC AVRANCHES	13 (38), 20 (39), 43 (43), 55 (42)
4	179pt	ATHLETISME MARAIS CARENTAN	24 (127), 34 (130), 51 (126), 70 (128)
5	183pt	EA CHERBOURG QUERQUEVILLE *	25 (81), 45 (80), 49 (149), 64 (145)
Résultats Équipes Benjamins (M+F) Minimes filles - BE F (COMP) -			
1	61pt	MANCHE ATHLE CENTRE SUD*	6 (96), 8 (105), 21 (106), 26 (104)
2	123pt	AS TOURLAVILLE	16 (20), 29 (23), 38 (29), 40 (21)
3	131pt	AC AVRANCHES	13 (38), 20 (39), 43 (43), 55 (42)
4	179pt	ATHLETISME MARAIS CARENTAN	24 (127), 34 (130), 51 (126), 70 (128)
5	183pt	EA CHERBOURG QUERQUEVILLE *	25 (81), 45 (80), 49 (149), 64 (145)
Résultats Équipes Benjamins (M+F) Minimes filles - BE F (COMP) -			
1	61pt	MANCHE ATHLE CENTRE SUD*	6 (96), 8 (105), 21 (106), 26 (104)
2	123pt	AS TOURLAVILLE	16 (20), 29 (23), 38 (29), 40 (21)
3	131pt	AC AVRANCHES	13 (38), 20 (39), 43 (43), 55 (42)
4	179pt	ATHLETISME MARAIS CARENTAN	24 (127), 34 (130), 51 (126), 70 (128)
5	183pt	EA CHERBOURG QUERQUEVILLE *	25 (81), 45 (80), 49 (149), 64 (145)

Benjamins (M+F) Minimes filles | M | Benjamins (M+F) Minimes filles | Chr : M | 2700 m

ZD+2PB+ZA

1	10'55"	FAUVEL Ugo	Manche Athle Centre Sud*	BEM/03
2	11'36"	LEBRETON Noe	E.s.haylande Athletisme	BEM/04
HC	11'40"	DERRIEN-GUILLOUET Mathis	Cap Conde	BEM/03
3	11'45"	DETRIGNE Arthur	Manche Athle Centre Sud*	BEM/03
4	12'04"	SCHNEIDER Clement	Stade Saint-lo	BEM/03
5	12'20"	ELIARD Jules-olivier	Athletisme Marais Carentan	BEM/
6	12'23"	COUPE Thais	As Tourlaville	MIF/02
7	12'25"	PERENNES Clement	Courir En Baie Pontorson	BEM/03
8	12'26"	ROBERT Jules	Manche Athle Centre Sud*	BEM/03
9	12'26"	BIRE-HESLOUIS Maele	Stade Saint-lo	MIF/02
10	12'27"	CARRE Ambre	Athletisme Marais Carentan	MIF/01
11	12'47"	DAVID Mael	Granville Ac	BEM/04
12	12'47"	PRUDOR Paul-alexandre	C. D'athletisme Conde-torigni	BEM/04
13	12'48"	BERTHELOT Marley	Manche Athle Centre Sud*	BEM/04
14	12'49"	MARTIN Lucie	As Tourlaville	MIF/01
15	12'50"	FAUCON Loane	Stade Saint-lo	BEF/03
16	12'55"	BELE Theo	Gdm Saint-james	BEM/04
17	12'58"	LARSONNEUR Marion	Manche Athle Centre Sud*	BEF/03
18	13'01"	BOSCHET Agathe	Stade Saint-lo	MIF/02
19	13'04"	LOPES Hugo	As Tourlaville	BEM/03
20	13'07"	HARDY Theo	Gdm Saint-james	BEM/04
21	13'15"	VANMEENEN Baudoin	Stade Saint-lo	BEM/04
22	13'22"	JAUNAIT Felicien	As Tourlaville	BEM/03
23	13'27"	JEANNE Eliette	Manche Athle Centre Sud*	BEF/03
24	13'30"	VAN VLIERBERGHE Elias	Stade Saint-lo	BEM/04
25	13'32"	BESUELLE Louka	As Tourlaville	BEM/04
26	13'35"	GODEFROY Lucas	Athletisme Marais Carentan	BEM/
27	13'36"	LEBRETON Lucie	Ac Avranches	MIF/01
28	13'37"	HAMON Juliette	Stade Saint-lo	MIF/01
29	13'40"	GRIMOUILLE Noha	Manche Athle Centre Sud*	BEM/03
30	13'47"	LECHEVALLIER Mateo	As Tourlaville	BEM/04
31	13'47"	GODEFROY Jade	Athletisme Marais Carentan	MIF/01
32	13'48"	COUCHOT Mathieu	As Tourlaville	BEM/04
33	13'50"	LEBEL Chloe	C. D'athletisme Conde-torigni	MIF/02
34	13'55"	LEDUC Pierre	Aco Sourdeval	BEM/04
35	13'55"	ALEXANDRE Lucie	Ac Avranches	BEF/04
36	13'56"	ARABEYRE Alienor	Granville Ac	MIF/01
37	13'59"	HELIE Marion	Granville Ac	MIF/01
38	13'59"	LAIR Erine	As Tourlaville	BEF/04
39	14'00"	LEDURE Clara	Ea Cherbourg Querqueville *	MIF/02
40	14'00"	ROBERT Lucie	Stade Saint-lo	MIF/02
41	14'01"	BOSTOCK Felix (Gbr)	Aco Sourdeval	BEM/04
42	14'02"	CHOCHON Clementine	La Valognaise Athletisme	BEF/04

43	14'05"	LEFEVRE Laura	Ac Avranches	BEF/03
44	14'10"	SABINE Dorian	Manche Athle Centre Sud*	BEM/04
45	14'21"	NIASS Fatimata	Manche Athle Centre Sud*	BEF/03
46	14'24"	MERE Romy	Stade Saint-lo	MIF/02
47	14'24"	GODIN Charles	Manche Athle Centre Sud*	BEM/04
48	14'25"	BAGATE Amara (Can)	As Tourlaville	BEM/03
49	14'27"	FAUCON Thais	Stade Saint-lo	BEF/04
50	14'28"	HELAINÉ Matthias	Granville Ac	BEM/04
51	14'29"	DUFFAUD LE RUYET Adrien	As Tourlaville	BEM/03
52	14'34"	EDELINÉ Arthur	Granville Ac	BEM/03
53	14'39"	ELIARD Cesarine	Athletisme Marais Carentan	BEF/04
54	14'40"	PASQUIER Aubane	Ea Cherbourg Querqueville *	BEF/03
55	14'41"	DUBOS Lysa	Manche Athle Centre Sud*	BEF/03
56	14'45"	MERSNI Donia	Ea Cherbourg Querqueville *	MIF/01
57	14'46"	FENOULLERE Thais	Manche Athle Centre Sud*	BEF/03
58	14'47"	JOSEPH Thomas	As Tourlaville	BEM/04
59	14'49"	LEROUXEL Clara	As Tourlaville	BEF/03
60	14'50"	BROGGI Alice	Stade Saint-lo	MIF/02
61	14'51"	COUPE Auriane	Gdm Saint-james	MIF/02
62	14'55"	AUBERT Loriane	Ea Cherbourg Querqueville *	MIF/01
63	14'56"	CABANNES Astrid	Manche Athle Centre Sud*	MIF/02
64	14'56"	BODDAERT Etienne	Manche Athle Centre Sud*	BEM/04
65	15'00"	MOULIN Solene	Athletisme Marais Carentan	BEF/03
66	15'03"	COUCHOT Audrey	As Tourlaville	MIF/02
67	15'07"	BACHELEY Eva	Athletisme Marais Carentan	MIF/01
68	15'09"	MONTIGNY Renaud	Athletisme Marais Carentan	BEM/04
69	15'10"	PALLIX Laura	Aco Sourdeval	BEF/04
70	15'13"	TOLLEMER Adele	As Tourlaville	BEF/03
71	15'15"	LONGUET Olivia	Granville Ac	BEF/03
72	15'16"	LEFETÉY Ivann	Stade Saint-lo	BEM/04
73	15'21"	LE ROSSIGNOL Anae	As Tourlaville	BEF/03
74	15'22"	BOULENGER Elise	As Tourlaville	BEF/04
75	15'25"	DUFRENE Margot	As Tourlaville	BEF/04
76	15'26"	AUREGAN Mathieu	Ac Avranches	BEM/04
77	15'27"	PEIGNE Charlotte	Ac Avranches	BEF/04
78	15'28"	MICHEL Thibault	As Tourlaville	BEM/04
79	15'29"	SAINT JORE Adele	Manche Athle Centre Sud*	MIF/02
80	15'32"	DESQUESNES Clea	Ea Cherbourg Querqueville *	BEF/03
81	15'33"	DELAUNEY-BADIER Leo-paul	Granville Ac	BEM/03
82	15'43"	LEONARD Solen	As Tourlaville	MIF/02
83	15'44"	GRARD Helina	As Tourlaville	MIF/02
84	15'46"	BOINEL Lea	Manche Athle Centre Sud*	BEF/03
85	15'47"	TEPHO Elise	Ea Cherbourg Querqueville *	BEF/03
86	15'56"	GERARD Amelie	Courir En Baie Pontorson	MIF/02
87	16'04"	CHARDINNE Romane	Athletisme Marais Carentan	BEF/04

88	16'09"	JOUENNE Mathis	C. D'athletisme Conde-torigni	BEM/04
89	16'10"	CORLAY Azeline	Ea Cherbourg Querqueville *	MIF/02
90	16'26"	MARIE Agathe	Stade Saint-lo	BEF/03
91	16'42"	PENITOT Loanne	As Tourlaville	BEF/04
92	16'43"	JOURNOT Liza	Ac Avranches	BEF/03
93	16'44"	KITOKO Ida	Manche Athle Centre Sud*	MIF/01
94	16'48"	PLOTU Oreline	Manche Athle Centre Sud*	BEF/03
95	16'51"	LE BERRE Rachel	La Valognaise Athletisme	MIF/01
96	16'53"	LE ROCH Emeline	Manche Athle Centre Sud*	MIF/02
97	16'55"	THOMAS Lilou	Manche Athle Centre Sud*	MIF/02
98	16'58"	GODIN Jeanne	Manche Athle Centre Sud*	MIF/02
99	17'02"	LAMBERT Eve-anne	Courir En Baie Pontorson	BEF/04
100	17'09"	SABINE Sandra	Manche Athle Centre Sud*	MIF/02
101	17'18"	HAVARD Lea	Ea Cherbourg Querqueville *	BEF/04
102	17'25"	BOITTIN Julie	Gdm Saint-james	MIF/02
103	17'27"	DENIS Calypso	Ac Avranches	BEF/04
104	17'37"	CLEMENT Vanille	Ea Cherbourg Querqueville *	BEF/04
105	17'39"	MALENFANT Augustin	C. D'athletisme Conde-torigni	BEM/04
106	17'52"	BEGIN Solene	Manche Athle Centre Sud*	BEF/04
107	18'14"	BARBOT Johanna	Aco Sourdeval	BEF/03
108	18'39"	MALOISEL Maeva	Athletisme Marais Carentan	BEF/04
109	18'53"	BIDOIS Ines	Courir En Baie Pontorson	BEF/03
110	19'03"	RABASSE Perrine	Ea Cherbourg Querqueville *	MIF/01
111	19'09"	BARTHELEMY Camille	Courir En Baie Pontorson	MIF/02
112	19'12"	MOREL Faustine	Athletisme Marais Carentan	BEF/04
113	-	LEBRETON Marine	As Tourlaville	BEF/03
114	-	LHERMITTE Estelle	Ea Cherbourg Querqueville *	MIF/01
115	-	DORON Malory	E.s.haylande Athletisme	MIF/02

Résultats Équipes | Cadets - Juniors filles - JU F -

1	13pt	STADE SAINT-LO	1 (91), 2 (88), 4 (89), 6 (90)	
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Résultats Équipes | Cadets - Juniors filles - CA M (COMP) -

1	25pt	MANCHE ATHLE CENTRE SUD*	3 (112), 5 (129), 8 (130), 9 (109)	
2	38pt	STADE SAINT-LO	4 (103), 7 (102), 11 (132), 16 (105)	
3	40pt	AC AVRANCHES	1 (106), 2 (107), 15 (119), 22 (118)	
4	64pt	LA VALOGNAISE ATHLETISME	6 (117), 14 (114), 20 (115), 24 (116)	

Cadets - Juniors filles | M | Cadets - Juniors filles | Chr : M | 4550 m | 12:50 1ZD+1PB+1GB+ZA

1	17'15"	CHARTOIS Maxime	Ac Avranches	CAM/99
2	17'16"	JOUENNE Lucien	Ac Avranches	CAM/99
3	17'23"	BACHELET Normann	Manche Athle Centre Sud*	CAM/00
4	17'46"	LAUNAY Alexandre	Stade Saint-lo	CAM/99
5	18'04"	SAMSON Lambert	Manche Athle Centre Sud*	CAM/99
HC	18'51"	GACON Ulrich	Usm Vire	CAM/99
6	18'58"	PHILIPPE Valentin	Athletisme Marais Carentan	CAM/
7	19'03"	DESHAYES Aurelien	La Valognaise Athletisme	CAM/00
8	19'30"	DESON Brandon	Stade Saint-lo	CAM/99

9	19'33"	BARBEY Robin	Manche Athle Centre Sud*	CAM/99
10	19'35"	LANGLOIS Valentin	Manche Athle Centre Sud*	CAM/00
11	19'41"	BOUBARNE Simon	Granville Ac	CAM/00
12	19'45"	LEVOY Jean-baptiste	Stade Saint-lo	CAM/00
13	19'51"	KOCHERGIN Nikita (Kaz)	Ea Cherbourg Querqueville *	CAM/00
14	19'54"	CHAUVIN Scott	Granville Ac	CAM/99
15	19'54"	REIGNIER Rodrigue	La Valognaise Athletisme	CAM/99
16	20'14"	FOLLAIN Dimitri	Ac Avranches	CAM/00
17	20'30"	MARION Francois	Stade Saint-lo	CAM/99
18	20'50"	CHAUVIN Tom	Granville Ac	CAM/99
HC	20'53"	CENIER Mathys	Usm Vire	CAM/00
19	21'04"	ROMERO Margaux	Stade Saint-lo	JUF/97
20	21'28"	LEROUXEL Elouan	Stade Saint-lo	CAM/00
21	22'04"	MESTRES Ianis	Aco Sourdeval	CAM/00
22	22'11"	LE BERRE Lisa	Stade Saint-lo	JUF/98
HC	22'15"	CENIER Clothilde	Usm Vire	JUF/98
23	22'22"	DUPONT Honorine	Ac Avranches	JUF/97
HC	22'36"	DUFLOT Rodolphe	Usm Vire	CAM/00
24	22'39"	LESOT Marie	Stade Saint-lo	JUF/98
25	22'44"	NEEL Capucine	Manche Athle Centre Sud*	JUF/98
26	22'55"	TIRAPU Valentin	La Valognaise Athletisme	CAM/99
27	23'00"	LEDENTU Theo	Athletisme Marais Carentan	CAM/00
HC	23'14"	RUAULT Richard	Usm Vire	CAM/00
28	23'22"	SIMON Christopher	Ac Avranches	CAM/99
29	23'26"	GORIN Victor	Ea Cherbourg Querqueville *	CAM/00
30	23'41"	MERE Solene	Stade Saint-lo	JUF/97
31	25'39"	LIARD Raphael	La Valognaise Athletisme	CAM/99
32	25'53"	PHILIPPEAUX Anaelle	Gdm Saint-james	JUF/98
HC	26'02"	BETON Dorine	Usm Vire	JUF/98
33	27'47"	DUPLESSY Agathe	Granville Ac	JUF/98
34	28'02"	SAVARY Claire	Manche Athle Centre Sud*	JUF/98
35	29'32"	ROULLEAU Manon	Gdm Saint-james	JUF/98

Résultats Équipes | Juniors hommes -Elites femmes -

1	22pt	EA CHERBOURG QUERQUEVILLE *	2 (183), 5 (178), 7 (191), 8 (187)	
1	16pt	GRANVILLE AC	2 (150), 3 (148), 4 (147), 7 (149)	
2	24pt	MANCHE ATHLE CENTRE SUD*	1 (211), 5 (213), 8 (210), 10 (214)	
2	79pt	AS TOURLAVILLE	1 (140), 18 (138), 24 (136), 36 (139)	
3	80pt	ACO SOURDEVAL	6 (171), 19 (173), 22 (174), 33 (172)	
4	83pt	C. D'ATHLETISME CONDE-TORIGNI	4 (167), 13 (168), 27 (166), 39 (170)	
5	97pt	STADE SAINT-LO	12 (161), 14 (158), 28 (163), 43 (162)	
6	110pt	GDM SAINT-JAMES	10 (206), 31 (208), 34 (207), 35 (209)	
7	178pt	MANCHE ATHLE CENTRE SUD*	37 (217), 44 (218), 46 (219), 51 (220)	

Juniors hommes -Elites femmes | M | Juniors hommes -Elites femmes | Chr : M | 5500 m | 14:20 1ZD+1MG+1GB+1ZA

1	20'28"	LESANLNIER Alexandre	Manche Acs - S/l Ba Coutances	JUM/97
2	20'39"	JANOT Etienne	Granville Ac	JUM/98

3	20'56"	ARABEYRE Guillaume	Granville Ac	JUM/98
4	21'08"	RUEL Guillaume	Granville Ac	JUM/97
5	21'15"	LANGLOIS Leo	Manche Acs - S/I Ba Coutances	JUM/97
6	22'55"	SIARD Emeline	As Tourlaville	SEF/88
7	23'35"	LE COUTOUR Carole	Eacq - S/I As Querqueville	SEF/78
8	23'51"	BROSTIN Luc	As Tourlaville	JUM/97
9	23'52"	SIARD Anais	As Tourlaville	SEF/85
10	24'04"	GUERIN Camille	Ac Avranches	JUM/
11	24'14"	GADBLED Thibaut	Granville Ac	JUM/98
12	24'15"	FRERET Maxime	Manche Acs - S/I Ba Coutances	JUM/98
13	24'19"	ROBLIN Maeva	C. D'athletisme Conde-torigni	ESF/96
14	24'39"	DIESNIS Mathilde	Eacq - S/I As Cherbourg	ESF/96
15	24'49"	LEBASNIER Thibaut	E.s.haylande Athletisme	JUM/98
16	25'02"	MARSDEN Leaharna (Gbr)	Aco Sourdeval	SEF/83
17	25'13"	MARQUE Edouard	Manche Acs - S/I Ba Coutances	JUM/97
18	25'15"	NOURRISSIER Sophie	Eacq - S/I As Cherbourg	SEF/84
19	25'19"	JEANNE-FAUVEL Louise	Eacq - S/I As Cherbourg	SEF/85
20	25'26"	LESEINE Melissa	Eacq - S/I As Cherbourg	ESF/96
21	25'44"	LECAMUS Rejane	Gdm Saint-james	SEF/77
22	25'47"	ROBINE Martine	Eacq - S/I As Cherbourg	VEF/53
23	25'50"	BOURDET Alexis	Manche Acs - S/I Club Sportif	JUM/98
24	25'52"	LAY Noemie	Stade Saint-lo	SEF/81
25	25'55"	LERENDU Elodie	C. D'athletisme Conde-torigni	SEF/80
26	26'06"	LEBAHY Romane	Stade Saint-lo	ESF/96
27	26'09"	JOUAUDIN Nadine	Granville Ac	VEF/73
28	26'23"	PIRAT Melanie	Ac Avranches	SEF/91
29	26'29"	DOUCIN Thibault	Granville Ac	JUM/98
30	26'34"	ROQUECAVE Leslie	Eacq - S/I As Querqueville	SEF/88
31	26'37"	LELIEVRE Paul	Courir En Baie Pontorson	JUM/98
32	26'51"	LEJEUNE Elise	As Tourlaville	SEF/81
33	26'59"	HAMEL Dolores	Aco Sourdeval	SEF/79
34	27'22"	LE POITTEVIN Marine	Eacq - S/I As Cherbourg	SEF/91
35	27'29"	NICOLLE Sandrine	Eacq - S/I As Querqueville	VEF/72
36	27'39"	HAMEL Manuella	Aco Sourdeval	SEF/78
37	27'47"	HUE Eugenie	Eacq - S/I As Cherbourg	ESF/95
38	27'49"	OSMONT Caroline	As Tourlaville	ESF/96
39	28'16"	POLFLIET Marina	Ac Avranches	VEF/70
40	28'26"	BUSSON Marjolaine	Granville Ac	SEF/88
41	28'33"	LE BAUT Elsa	C. D'athletisme Conde-torigni	ESF/95
42	28'37"	NONNON Zoe	Stade Saint-lo	VEF/58
43	28'46"	HAMEL Emilie	Eacq - S/I As Querqueville	SEF/87
44	29'10"	LEVOS Camille	Eacq - S/I As Querqueville	SEF/87
45	29'20"	CARAES Odette	Gdm Saint-james	VEF/63
46	29'32"	LAMACHE Floriane	As Tourlaville	SEF/89
47	29'35"	TOULLIER Patricia	Aco Sourdeval	SEF/81

48	29'56"	LE PAGE Anne	Gdm Saint-james	SEF/83
49	29'57"	MARTINEAU Anne	Gdm Saint-james	VEF/70
50	30'00"	MATHEVON Marine	As Tourlaville	SEF/88
51	30'03"	HELAINÉ Margot	Manche Acs - S/l Ba Coutances	SEF/87
52	30'17"	BURIN Caroline	Granville Ac	VEF/60
53	30'46"	MONNEAUX Nathalie	C. D'athletisme Conde-torigni	VEF/66
54	30'58"	JORET Monique	Eacq - S/l As Querqueville	VEF/61
55	31'09"	LEMETAYER Christine	Avenir Mortain	VEF/64
56	31'10"	SIMONNE Geraldine	C. D'athletisme Conde-torigni	VEF/76
57	31'15"	ENOT Anne-sophie	Stade Saint-lo	SEF/82
58	31'18"	LESANLNIER Nathalie	Manche Acs - S/l Ba Coutances	VEF/68
59	31'47"	GASSAMA Eleonore	Eacq - S/l As Cherbourg	ESF/95
60	31'48"	OGER Nathalie	Manche Acs - S/l Ba Coutances	VEF/67
61	31'52"	PASCOET Julien	Granville Ac	JUM/98
62	32'04"	DA SILVA GUEDES Patricia	Eacq - S/l As Querqueville	VEF/56
63	32'09"	CULLERON Elodie	Eacq - S/l As Cherbourg	ESF/96
64	32'11"	LE POITTEVIN Lea	Eacq - S/l As Cherbourg	SEF/91
65	32'12"	ETIENNE Sylvie	Stade Saint-lo	VEF/67
66	32'48"	LEVEEL Valerie	Manche Acs - S/l Club Sportif	VEF/65
67	32'56"	GAVEAU Laure	Eacq - S/l As Querqueville	VEF/70
68	33'15"	TAINTURE Melanie	Avenir Mortain	SEF/92
69	33'26"	LEPERS Amandine	Eacq - S/l As Querqueville	SEF/93
70	33'55"	DELANGLE Katia	Eacq - S/l As Querqueville	VEF/64
71	34'10"	ROMERO Caroline	Stade Saint-lo	VEF/72
72	34'41"	GUERIN Rachel	Eacq - S/l As Querqueville	VEF/73
73	35'21"	BOURGET Murielle	Eacq - S/l As Querqueville	VEF/65
74	36'16"	FEUILLIE Oceane	Athletisme Marais Carentan	ESF/96

Résultats Équipes | Minimes garçons- Cadettes -

1	43pt	EA CHERBOURG QUERQUEVILLE *	5 (49), 11 (50), 12 (48), 15 (45)	
1	23pt	MANCHE ATHLE CENTRE SUD*	2 (75), 5 (71), 6 (74), 10 (73)	
1	43pt	EA CHERBOURG QUERQUEVILLE *	5 (49), 11 (50), 12 (48), 15 (45)	
2	49pt	STADE SAINT-LO	6 (25), 9 (29), 16 (27), 18 (30)	
2	49pt	STADE SAINT-LO	6 (25), 9 (29), 16 (27), 18 (30)	
3	53pt	GDM SAINT-JAMES	4 (61), 10 (63), 19 (56), 20 (58)	
3	53pt	GDM SAINT-JAMES	4 (61), 10 (63), 19 (56), 20 (58)	
4	57pt	AS TOURLAVILLE	8 (3), 13 (5), 14 (2), 22 (4)	
4	57pt	AS TOURLAVILLE	8 (3), 13 (5), 14 (2), 22 (4)	
5	70pt	GRANVILLE AC	1 (18), 7 (17), 21 (19), 41 (465)	
5	70pt	GRANVILLE AC	1 (18), 7 (17), 21 (19), 41 (465)	

Minimes garçons- Cadettes | M | Minimes garçons- Cadettes | Chr : M | 3650 m | 12:25 ZD+1PB+1MB+ZA

1	13'58"	BOITEUX-SIMON Yabibal	Granville Ac	MIM/01
2	15'10"	TENCE Briac	Ac Avranches	MIM/02
3	15'26"	HOURMAN Gustave	Ac Avranches	MIM/02
4	15'30"	HAMARD Baptiste	Gdm Saint-james	MIM/02
5	15'30"	MARTIN Axel	Eacq - S/l As Querqueville	MIM/02

6	15'36"	GOUTAL Martin	Stade Saint-lo	MIM/01
7	15'39"	LAVARDE Matteo	Granville Ac	MIM/02
8	15'45"	HANNOT Enzo	As Tourlaville	MIM/01
9	15'48"	MARIE Enzo	Stade Saint-lo	MIM/01
10	15'52"	LEROUX Antoine	Gdm Saint-james	MIM/01
11	15'57"	THEBAUT Jean	Eacq - S/I As Querqueville	MIM/01
12	16'11"	LERECULEY Ulysse	Eacq - S/I As Querqueville	MIM/02
13	16'19"	MARCHIS Coralie	Ac Avranches	CAF/00
14	16'35"	LEVEEL Elise	Manche Acs - S/I Club Sportif	CAF/99
15	16'58"	SANS Noe	As Tourlaville	MIM/01
16	16'59"	CORDEIRO Kyliann	As Tourlaville	MIM/01
HC	17'03"	LEMAITRE Laura	Usm Vire	CAF/99
17	17'08"	HIVER Josselyn	Eacq - S/I As Cherbourg	MIM/01
18	17'09"	ISABET Audric	Stade Saint-lo	MIM/02
19	17'24"	KOUACHI Ines	Eacq - S/I As Cherbourg	CAF/99
20	17'28"	GUERIN Maxence	Manche Acs - S/I Ba Coutances	MIM/02
HC	17'40"	ARNAUD Clara	Usm Vire	CAF/99
21	17'50"	MERE Pierre	Stade Saint-lo	MIM/02
22	17'55"	ROBBE Alan	Gdm Saint-james	MIM/02
23	17'57"	ESNOULT Corentin	Gdm Saint-james	MIM/01
24	17'59"	BROCHET Loup	Granville Ac	MIM/01
HC	18'01"	PACEY Lucie	Usm Vire	CAF/99
25	18'14"	LE CHENADEC Ulric	As Tourlaville	MIM/02
26	18'16"	JOURDAN Karl	Gdm Saint-james	MIM/02
27	18'21"	LEGRAND Eden	Stade Saint-lo	MIM/01
28	18'29"	TOMAS PORTIER Christelle	Granville Ac	CAF/99
29	18'38"	UGUEN Mathieu	C. D'athletisme Conde-torigni	MIM/02
30	18'46"	MAHIER Alice	Manche Acs - S/I Ba Coutances	CAF/00
31	18'53"	CALVET Paul	As Tourlaville	MIM/02
32	18'54"	MARIE Tristan	Stade Saint-lo	MIM/01
HC	18'56"	CHANCEREL Oceana	Usm Vire	CAF/99
33	18'59"	SEGUIN Matheo	Ac Avranches	MIM/01
34	19'15"	LEVILLAIN Bastien	Manche Acs - S/I Club Sportif	MIM/02
35	19'16"	DUGARDIN Antonin	Eacq - S/I As Cherbourg	MIM/02
36	19'32"	CARDINE Louise	Manche Acs - S/I Club Sportif	CAF/00
37	19'39"	BOUTIN Maxime	As Tourlaville	MIM/01
38	19'41"	OSMONT Corentin	As Tourlaville	MIM/02
39	20'02"	MICHON Victoria	Stade Saint-lo	CAF/99
40	20'09"	OLIVIER Kevin	E.s.haylande Athletisme	MIM/01
41	20'10"	LANGLOIS Luna	Ac Avranches	CAF/00
42	20'12"	MAZIER Eva	Gdm Saint-james	CAF/00
43	20'16"	BUISSON Bryan	Eacq - S/I As Cherbourg	MIM/01
HC	20'31"	BLAISE Margot	Usm Vire	CAF/00
44	20'39"	POINCHEVAL Sara	Manche Acs - S/I Club Sportif	CAF/00
45	20'45"	MARTIN Edouard	Stade Saint-lo	MIM/02

46	20'47"	KONCZ Leonore	Ac Avranches	CAF/00
47	20'56"	PESNEL Bastien	Stade Saint-lo	MIM/01
48	21'00"	COLIN Geoffrey	Gdm Saint-james	MIM/02
49	21'00"	CANTIN Gaetan	Gdm Saint-james	MIM/01
50	21'03"	MARIN Louise	Stade Saint-lo	CAF/99
51	21'04"	OSOUF Mathilde	C. D'athletisme Conde-tornigni	CAF/00
52	21'28"	LETOUSEY Eva	Granville Ac	CAF/00
53	21'43"	ANNE Thibaud	Stade Saint-lo	MIM/02
54	21'48"	DE LACROIX DE LAVALE Clara	Manche Acs - S/l Ba Coutances	CAF/00
55	21'58"	TAHOT Thibaut	Manche Acs - S/l Club Sportif	MIM/01
56	22'00"	AUBRIL Maeva	C. D'athletisme Conde-tornigni	CAF/00
57	22'25"	BINGADIN Boby	Granville Ac	MIM/01
58	22'41"	TULPIN Emeric	Granville Ac	MIM/01
59	22'47"	SAULNIER Killian	Gdm Saint-james	MIM/02
60	23'35"	DETRIGNE Emma	Athletisme Marais Carentan	CAF/00
61	24'43"	EL HAMDI Jihen	Manche Athle Centre Sud*	CAF/00

Résultats Équipes | Elites hommes + Vétérans - VE M (COMP) - M

1	36pt	AS TOURLAVILLE	3 (245), 7 (243), 11 (240), 15 (237)	
2	147pt	GDM SAINT-JAMES	9 (398), 32 (399), 50 (400), 56 (396)	
3	209pt	AC AVRANCHES	16 (264), 52 (265), 61 (259), 80 (261)	
4	229pt	MANCHE ATHLE CENTRE SUD*	12 (414), 26 (415), 75 (409), 116 (417)	
5	231pt	EA CHERBOURG QUERQUEVILLE *	35 (378), 46 (368), 69 (360), 81 (364)	
6	334pt	GRANVILLE AC	54 (279), 63 (281), 106 (283), 111 (280)	
7	345pt	STADE SAINT-LO	65 (296), 76 (299), 99 (298), 105 (445)	
8	397pt	C. D'ATHLETISME CONDE-TORIGNI	82 (309), 84 (312), 92 (307), 139 (310)	

Résultats Équipes | Elites hommes + Vétérans - ES-SE M (COMP) - M

1	53pt	ATHLETISME MARAIS CARENTAN	6 (437), 8 (436), 18 (438), 21 (435)	
2	69pt	AC AVRANCHES	5 (253), 13 (255), 20 (252), 31 (257)	
3	75pt	EA CHERBOURG QUERQUEVILLE *	2 (351), 17 (339), 19 (336), 37 (353)	
4	104pt	GDM SAINT-JAMES	1 (388), 24 (386), 28 (389), 51 (393)	
5	111pt	GRANVILLE AC	22 (277), 23 (273), 30 (276), 36 (269)	
6	158pt	ACO SOURDEVAL	38 (319), 39 (314), 40 (318), 41 (315)	
7	163pt	MANCHE ATHLE CENTRE SUD*	14 (405), 33 (406), 57 (404), 59 (403)	
8	196pt	STADE SAINT-LO	10 (290), 29 (287), 74 (295), 83 (288)	
9	355pt	COURIR EN BAIE PONTORSON	27 (425), 72 (426), 113 (423), 143 (424)	
10	452pt	LA VALOGNAISE ATHLETISME	60 (333), 114 (331), 120 (329), 158 (328)	

Elites hommes + Vétérans M | M | Elites hommes + Vétérans M | Chr : M | 9150 m 1ZD+3GB+ZA

1	33'47"	CHAUVIN Sullivan	Gdm Saint-james	SEM/82
2	33'59"	JUMELIN Victorien	Ea Cherbourg Querqueville *	SEM/90
3	34'01"	JEAN Richard	As Tourlaville	VEM/72
4	34'06"	LEJEUNE Matthieu	As Tourlaville	SEM/77
5	34'08"	DEULEY Charles	Ac Avranches	SEM/87
6	34'18"	MARIE Julien	Athletisme Marais Carentan	ESM/95
HC	34'19"	GARNIER Francis	Usm Vire	VEM/75
7	34'25"	HANNOT Stephane	As Tourlaville	VEM/71

8	34'54"	MARCHAND Fabien	Athletisme Marais Carentan	ESM/95
HC	35'00"	GOSSELIN David	Usm Vire	VEM/72
9	35'08"	HARDY David	Gdm Saint-james	VEM/74
10	35'15"	LEMERIEL Nicolas	Stade Saint-lo	SEM/82
11	35'17"	GIARD Noel	As Tourlaville	VEM/73
12	35'22"	HINET Noel	Manche Athle Centre Sud*	VEM/68
13	35'23"	SIMON Antonin	Ac Avranches	SEM/93
HC	35'25"	TOURLAND Aubin	Usm Vire	ESM/96
14	35'30"	SAVARY Nathan	Manche Athle Centre Sud*	SEM/93
15	35'39"	BOURDET Patrick	As Tourlaville	VEM/62
16	35'44"	BARBOT Pascal	Ac Avranches	VEM/76
17	35'46"	FLAMBART Sylvain	Ea Cherbourg Querqueville *	SEM/78
18	35'47"	MONTIGNY Arnaud	Athletisme Marais Carentan	SEM/83
19	35'49"	TREHET Alexandre	Ea Cherbourg Querqueville *	ESM/95
20	36'01"	LEJETTE Cyril	Ac Avranches	ESM/94
21	36'07"	DESDEVISES Alexandre	Athletisme Marais Carentan	ESM/95
22	36'08"	GOGO Basile	Granville Ac	SEM/91
23	36'17"	CAPELLE David	Granville Ac	SEM/81
24	36'23"	MURIEL Philippe	Gdm Saint-james	SEM/78
25	36'25"	LACHEVRE Eric	As Tourlaville	VEM/66
26	36'29"	ALVES Jose	Manche Athle Centre Sud*	VEM/72
27	36'33"	CHAPPE Matthieu	Courir En Baie Pontorson	SEM/90
28	36'38"	PERRIGAULT Mickael	Gdm Saint-james	SEM/90
29	36'56"	FAUCON Cedric	Stade Saint-lo	SEM/78
30	36'57"	TISON Hadrien	Granville Ac	SEM/86
31	36'59"	HELLEUX Sebastien	Ac Avranches	SEM/79
32	37'04"	JEANNE Mickael	Gdm Saint-james	VEM/69
33	37'06"	MAUGER Antoine	Manche Athle Centre Sud*	SEM/92
34	37'09"	BARBIER Jeremy	C. D'athletisme Conde-torigni	SEM/82
35	37'11"	GARNIER Franck	Ea Cherbourg Querqueville *	VEM/73
36	37'13"	RUEL Pierre-antoine	Granville Ac	ESM/95
37	37'19"	NKOA Gabriel	Ea Cherbourg Querqueville *	SEM/93
38	37'29"	HAMEL Yoann	Aco Sourdeval	SEM/78
39	37'31"	CLOUARD Valentin	Aco Sourdeval	SEM/88
40	37'32"	RONCERAY Maxime	Aco Sourdeval	SEM/81
41	37'41"	LAIZE Anthony	Aco Sourdeval	SEM/84
42	38'02"	FRIGOT Cedric	C. D'athletisme Conde-torigni	SEM/78
43	38'04"	PICARD Maxime	Ac Avranches	SEM/89
44	38'06"	JORET Sven	Ea Cherbourg Querqueville *	SEM/91
45	38'14"	DEGROULT Jeremy	As Tourlaville	SEM/79
46	38'16"	KERLEAU Mickael	Ea Cherbourg Querqueville *	VEM/75
47	38'20"	RENARD Florent	Ea Cherbourg Querqueville *	SEM/91
48	38'22"	LEDOS Fabrice	Aco Sourdeval	VEM/73
49	38'29"	LAROQUE Jean-yves	La Valognaise Athletisme	VEM/67
50	38'33"	TALNEAU David	Gdm Saint-james	VEM/73

51	38'35"	HUE Benjamin	Gdm Saint-james	SEM/88
52	38'36"	HEUZE Olivier	Ac Avranches	VEM/66
53	38'37"	AIT NACEUR Abdelhak	Ea Cherbourg Querqueville *	SEM/82
HC	38'38"	LENORMAND Frederic	Usm Vire	SEM/79
54	38'40"	BUNEL Xavier	Granville Ac	VEM/62
55	38'41"	COLARD Arnaud	Ea Cherbourg Querqueville *	SEM/80
56	38'43"	SEMERIL Jacques	Gdm Saint-james	VEM/70
57	38'44"	LESAULNIER Jean-baptiste	Manche Athle Centre Sud*	SEM/93
58	38'45"	BLONDEL Marin	Granville Ac	ESM/96
59	38'48"	FRERET Alexandre	Manche Athle Centre Sud*	ESM/95
60	38'50"	LAUNEY Antonin	La Valognaise Athletisme	SEM/88
HC	38'51"	DOUBLET Cyrille	Usm Vire	SEM/83
61	38'52"	CHARTRAIN Christophe	Ac Avranches	VEM/73
62	38'54"	BEAUMER Anthony	Manche Athle Centre Sud*	SEM/80
63	38'55"	LEMIERE Mickael	Granville Ac	VEM/76
64	39'05"	GOHARD Frederic	Avenir Mortain	VEM/75
65	39'06"	COCHET Jerome	Stade Saint-lo	VEM/69
66	39'10"	BLAIZOT-BONNEMAINS Francois	Ea Cherbourg Querqueville *	SEM/93
67	39'15"	LEPELTIER Sebastien	Avenir Mortain	SEM/91
68	39'16"	AVENEL Vincent	Gdm Saint-james	SEM/81
HC	39'26"	HERMAN Morgann	Usm Vire	SEM/85
69	39'31"	DEGUETTE Herve	Ea Cherbourg Querqueville *	VEM/67
70	39'33"	VELE Arnaud	Gdm Saint-james	SEM/81
HC	39'42"	PAUL JACQUES Philippe	Cap Conde	VEM/71
71	39'49"	BARBOT Jerome	Aco Sourdeval	SEM/78
72	40'01"	MASSIN Sylvain	Courir En Baie Pontorson	SEM/81
73	40'07"	GLINEL Romain	Ea Cherbourg Querqueville *	SEM/82
HC	40'09"	COUILLARD Patrick	Cap Conde	VEM/70
74	40'11"	LEPARQUIER Benoit	Stade Saint-lo	SEM/81
HC	40'11"	DESPRAY Nicolas	Usm Vire	SEM/81
75	40'12"	LESAULNIER Didier	Manche Athle Centre Sud*	VEM/66
76	40'14"	ROSEC Gerard	Stade Saint-lo	VEM/64
77	40'16"	CHEVALLIER Vincent	Ea Cherbourg Querqueville *	SEM/85
78	40'20"	GEROUARD Julien	Aco Sourdeval	SEM/83
79	40'24"	BACHELEY Damien	Ea Cherbourg Querqueville *	SEM/87
80	40'30"	FONTAINE Jacky	Ac Avranches	VEM/63
81	40'32"	GIARD Christophe	Ea Cherbourg Querqueville *	VEM/72
82	40'33"	BARBIER Daniel	C. D'athletisme Conde-torigni	VEM/54
83	40'35"	GOUDAL Anthony	Stade Saint-lo	SEM/84
84	40'37"	LEFEVRE Vincent	C. D'athletisme Conde-torigni	VEM/73
85	40'37"	ANGELIQUE Alain	Ac Avranches	VEM/58
86	41'02"	DESAUNETTE Jean-eudes	Athletisme Marais Carentan	SEM/92
87	41'07"	GOSSELIN Olivier	As Tourlaville	VEM/76
88	41'12"	TOULLEC Leo	Stade Saint-lo	ESM/95
89	41'17"	DELAUNAY Jerome	Gdm Saint-james	SEM/78

90	41'18"	TISON Antony	Ea Cherbourg Querqueville *	SEM/80
91	41'23"	BELE Pascal	Gdm Saint-james	SEM/77
92	41'24"	DESPLANQUES Cyrille	C. D'athletisme Conde-torigni	VEM/72
93	41'25"	LETERRIER Steeve	As Tourlaville	SEM/82
94	41'32"	ALEXANDRE David	Aco Sourdeval	SEM/77
95	41'37"	BEROT Thierry	As Tourlaville	VEM/65
96	41'38"	GAUTIER Pierre	Gdm Saint-james	VEM/62
HC	41'59"	BOHARD Christophe	Cap Conde	VEM/67
97	42'01"	SOLIER Luc	As Tourlaville	VEM/63
98	42'02"	MAUPILE Yves	Ea Cherbourg Querqueville *	VEM/62
99	42'03"	MARIE Anthony	Stade Saint-lo	VEM/75
100	42'07"	ROGER Mickael	Aco Sourdeval	SEM/78
101	42'11"	MORAZIN Mathias	Ac Avranches	VEM/72
102	42'28"	GERARD Stephane	Courir En Baie Pontorson	VEM/73
103	42'34"	DUBOIS Gilles	Gdm Saint-james	SEM/81
104	42'41"	CAMEBOURG Bastien	Granville Ac	SEM/86
105	42'42"	BOURGET Jacky	Stade Saint-lo	VEM/71
106	42'46"	LETONDEUR Patrick	Granville Ac	VEM/61
107	42'49"	GOSELIN Mathieu	Aco Sourdeval	SEM/82
108	42'53"	PAULMIER Daniel	Ea Cherbourg Querqueville *	VEM/62
109	42'58"	PASQUER Lionel	Gdm Saint-james	VEM/65
110	43'02"	NOEL Jean-francois	Stade Saint-lo	SEM/77
111	43'05"	LECLER Denis	Granville Ac	VEM/65
HC	43'09"	COSTENTIN Fabien	Cap Conde	VEM/67
112	43'12"	HINAULT Patrick	As Tourlaville	VEM/66
113	43'19"	BILLOIS Maxime	Courir En Baie Pontorson	SEM/88
114	43'27"	PELAN Alexis	La Valognaise Athletisme	SEM/92
115	43'33"	BENOIT Jeremy	Ac Avranches	SEM/91
116	43'38"	SAVARY Laurent	Manche Athle Centre Sud*	VEM/67
117	43'44"	DEMAINE Cedric	Ea Cherbourg Querqueville *	VEM/68
118	43'46"	DANIEL Pascal	As Tourlaville	VEM/59
119	43'48"	LEGUILLON Philippe	Aco Sourdeval	VEM/65
120	43'51"	FARIBAUD Alexis	La Valognaise Athletisme	SEM/90
121	43'52"	CHRETIENNE Mickael	Gdm Saint-james	VEM/74
122	43'55"	COURTOIS Guillaume	Granville Ac	SEM/86
123	44'01"	LEDOUIT Romain	Manche Athle Centre Sud*	SEM/88
124	44'17"	DESVALLEES Thierry	Manche Athle Centre Sud*	VEM/64
125	44'21"	FRANCIS Marc	Ea Cherbourg Querqueville *	VEM/75
126	44'25"	BINET Gaetan	Ea Cherbourg Querqueville *	VEM/66
127	44'30"	BACHELEY Antoine	Athletisme Marais Carentan	VEM/67
128	44'37"	COUCHOT Xavier	As Tourlaville	VEM/73
129	44'42"	GAULE Jean-francois	Manche Athle Centre Sud*	VEM/64
130	44'59"	GODILLE Philippe	As Tourlaville	VEM/72
131	45'00"	LE BEC Arnaud	Manche Athle Centre Sud*	VEM/74
132	45'05"	LECOEUR Francois	Manche Athle Centre Sud*	VEM/61

133	45'10"	QUETTIER Benoit	Ea Cherbourg Querqueville *	SEM/78
134	45'15"	LECOINTRE Remy	Aco Sourdeval	VEM/54
135	45'16"	BAUDRY Gildas	Stade Saint-lo	SEM/77
136	45'27"	PERCY Fabien	C. D'athletisme Conde-torigni	SEM/87
137	45'39"	CHOCHON Stephane	La Valognaise Athletisme	VEM/67
138	45'44"	DUPLESSY Bertrand	Granville Ac	VEM/66
139	45'49"	LOUIS Franck	C. D'athletisme Conde-torigni	VEM/64
140	46'02"	GOGO Alain	C. D'athletisme Conde-torigni	VEM/63
141	46'03"	MARTIN Pascal	Manche Athle Centre Sud*	VEM/63
HC	46'10"	BLOUIN Guillaume	Es Falaisienne	ESM/95
142	46'18"	GODEFROY Claude	Ea Cherbourg Querqueville *	VEM/63
143	46'21"	BILLOIS Vincent	Courir En Baie Pontorson	SEM/85
144	46'30"	PHILIPPE Michel	As Tourlaville	VEM/64
145	46'50"	DEGROULT Roland	Stade Saint-lo	VEM/49
146	46'56"	CATEL Martin	Athletisme Marais Carentan	ESM/96
147	46'59"	BOCQUEL Yannick	Ea Cherbourg Querqueville *	VEM/54
HC	47'04"	DELORME Didier	Usm Vire	VEM/67
148	47'10"	CARRE Jean-francois	Athletisme Marais Carentan	VEM/64
HC	47'42"	SALETTES Frederic	Avenir Mortain	SEM/83
149	48'03"	LAJOIE Guy	Ea Cherbourg Querqueville *	VEM/53
150	48'07"	EUSTACE Sebastien	Manche Athle Centre Sud*	VEM/73
151	48'17"	GOSSELIN Guillaume	Ea Cherbourg Querqueville *	VEM/76
152	48'23"	PETITTEVILLE Jean-luc	Ea Cherbourg Querqueville *	VEM/56
153	48'38"	GUILLEMAIN Baptiste	Stade Saint-lo	SEM/89
154	49'24"	CLUGERY Bruno	Ea Cherbourg Querqueville *	VEM/64
155	49'58"	LEPLEUX Christophe	Stade Saint-lo	SEM/82
156	50'21"	CRON Jerome	Courir En Baie Pontorson	VEM/73
157	51'12"	MARIE Regis	Manche Athle Centre Sud*	VEM/68
HC	51'50"	DE CHIVRE Hugo	Granville Ac	ESM/95
158	52'03"	GOUGEON Anthony	La Valognaise Athletisme	ESM/94
159	52'16"	GODIN Jacques	Ea Cherbourg Querqueville *	VEM/75
160	53'13"	ROMERO Stephane	Stade Saint-lo	VEM/69
161	53'42"	GAVEAU Loic	Ea Cherbourg Querqueville *	VEM/72
162	57'03"	SERVAIN Michel	Courir En Baie Pontorson	VEM/55